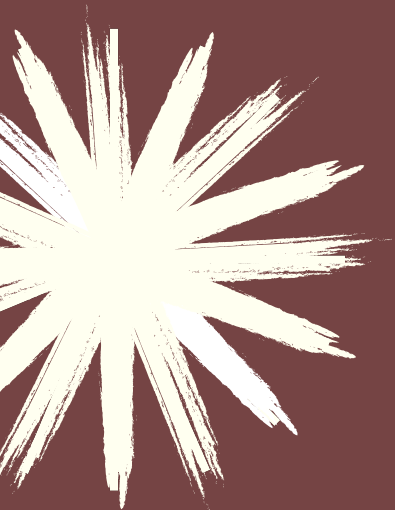


OPUS I FOUNDATION

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FIND YOUR LIGHT





OPUS | FOUNDATION

Find Your Light

A COMMUNITY STORYTELLING SERIES IN NAIROBI

What is your light?

The art you make.
The problem you solve.
The people you inspire.
The place you care for.
The future you imagine.

Find Your Light is a new storytelling series inspired by the spirit of the *Mwanga Centre* — bringing together creativity, community, environmental stewardship, entrepreneurship, education, and the people already shaping what comes next.

We are looking for local storytellers and community voices to help us tell these stories from the inside.

WHO WE'RE LOOKING FOR

Artists & musicians
Makers & upcyclers
Environmentalists
Young entrepreneurs
Teachers & educators
Farmers & urban growers
Community organizers
Local activists
Designers & craftspeople
Photographers & filmmakers
Young people with a story to tell

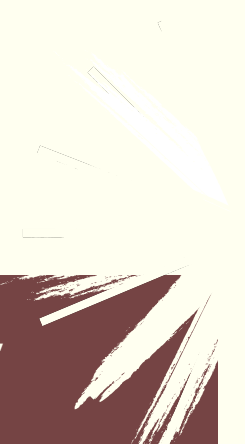
TELL IT YOUR WAY

We want people to tell their own stories, in their own words, from their own perspective.

What do you make?
What do you care about?
What are you changing?
What have you learned?
What do you see that others don't?
What do you hope to see in the future?

Take us into your world.
Phone cameras are welcome.
Imperfect is welcome.
Your voice matters most.

Interested in participating? Send us your name, location, a little about yourself, and a short video introducing yourself and telling us: "Where you find your light"



Storyteller Filming Guide

Follow the shot list and script prompts below.

Final edited video should run 2:00–3:00 minutes, vertical (9:16), for Instagram Reels.

How to Film

1. **Record vertically** (phone held upright), not sideways.
 2. **For direct to camera shots, find a quiet spot with natural light on your face** — face a window or the sun, don't stand with light behind you.
 3. **Prop your phone against something steady, or ask a friend to hold it.**
 4. **Say each answer as a full sentence** so it makes sense on its own (e.g. not just "because I love it" — say "I make art because I love it").
 5. **Record 3–5 extra seconds of silence before and after each answer.** It gives the editor room to work with.
-

Director's Notes

1. **Look at the lens, not the screen.**
 2. **Pause between sentences** — it's easier to cut cleanly.
 3. **If you mess up a line, don't stop — pause, then say it again from the start of that sentence.**
 4. **Smile or show genuine expression in at least one shot; it reads better than a flat delivery.**
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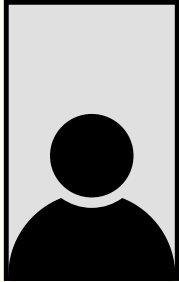
What to Send Us

1. **All raw clips from the shot list** (*don't pre-edit or trim — send full clips*)
2. **Your name, location, and a one-line bio**
3. **Any photos you'd like included** (optional)

Shot List Sequence

1. Opening -- Who are you?

CAMERA VIEW



You, facing the camera. Say your name, where you're from, and one line about what you do.

SCRIPT

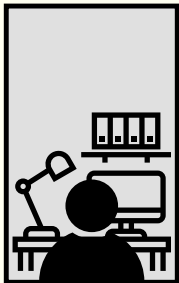
"My name is ____, and I ____
(what you do) in ____ (place)."

SAMPLE STATEMENT

"My name is Grace, and I run a small upcycling workshop for young women here in Korogocho."

2. Your World -- What do you do?

CAMERA VIEW



A wide shot of the place where you work, create, or spend your time — your studio, workshop, garden, classroom, street.

SCRIPT

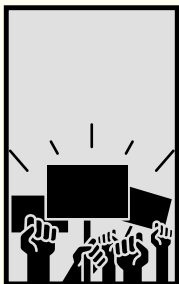
Describe the work in plain terms —
what it is, not just what it's called.

SAMPLE STATEMENT

"We take fabric scraps that would end up in the landfill and turn them into bags and clothing we can sell."

3. You in Action -- What do you care about?

CAMERA VIEW



You doing the thing you're known for — painting, building, teaching, growing, organizing. Let the camera watch you work; don't just talk to it.

SCRIPT

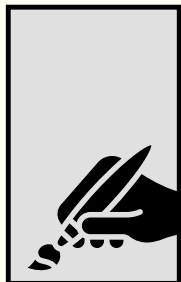
What problem, place, or people does
this work serve?

SAMPLE STATEMENT

"I care about giving young women here a skill they can build a future on, not just a handout."

4. Close-Up/Detailed Shot -- What have you learned?

CAMERA VIEW



Hands at work, tools, materials, finished pieces, faces of people you work with.

SCRIPT

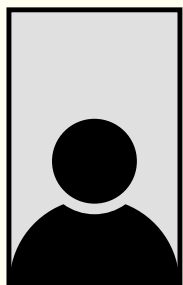
One thing your work has taught you.

SAMPLE STATEMENT

"I've learned that people don't want charity — they want opportunity."

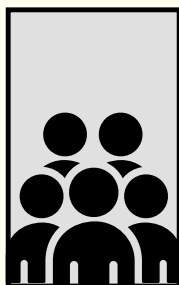
5. Facing Camera Directly + Community Shot -- What do you see that others don't?

CAMERA VIEW A



Sit or stand facing the camera and answer the script prompt.

CAMERA VIEW B



Anyone you work with or for — a student, neighbor, collaborator, customer.

SCRIPT

A detail, need, or possibility in your community that motivates you.

SAMPLE STATEMENT

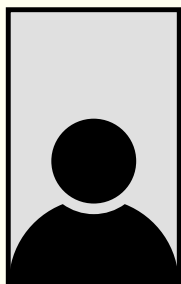
"People see a landfill. I see raw material and a community ready to work."

"This is Faith — she's been coming every week for a year."

"None of this happens without this team."

6. Closing Line -- Where do you find your light?

CAMERA VIEW



You, facing the camera, saying where you find your light.

SCRIPT

One sentence, direct to camera.

This is the line the video ends on.

SAMPLE STATEMENTS

"I find my light in the kids who come back week after week."

"My light is this wall — every color on it is someone's story."

"I find my light right here, turning trash into something beautiful."

FIND YOUR LIGHT

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